

## Resources to help your family fight pornography & to cultivate a healthy sexual culture in your home

Compiled by Greta Eskridge -- [www.gretaeskridge.com](http://www.gretaeskridge.com)

### Books

#### Books addressing pornography and body safety (to read with your kids)

[Good Pictures Bad Pictures Jr.](#) by Kristen Jensen (ages 5-8)

[Good Pictures Bad Pictures](#) by Kristen Jensen (ages 9-12)

[God Made All of Me](#) by Justin and Lindsey Holcomb (ages 4-10)

[How to Talk to Your Kids About Pornography](#) by Alexander Dina (ages 12-18) \*non-sectarian

#### Books addressing healthy sexuality (to read with your kids):

[The Story of Me](#) by Stan and Brenna James (ages 4-8)

[The Bare Facts: 30 Questions Your Parents Hope You Never Ask About Sex](#) by Josh McDowell (read with your teen)

[Chasing Love—Sex, Love and Relationships in a Confused Culture](#) by Sean Mc Dowell (read with your teen)

[A Student's Guide to Culture](#) by John Stonestreet & Brett Kunkle (read with your teen)

#### Books addressing pornography (for adults to read):

[The Porn Myth](#) by Matt Fradd

[Fight for Love: How to Take Your Marriage Back From Porn](#) by Rosie Makinney

[Every Parent's Battle—a Family Guide to Resisting Pornography](#) by Dan Spencer III

#### Books addressing healthy sexuality (for adults to read):

[Mom, Dad, What's sex? Giving Your Kids a Gospel Centered View of Sex and Our Culture.](#) by Jessica Thomson and Joel Fitzpatrick

[Raising Boys Who Respect Girls](#) by Dave Willis

[Rethinking Sexuality--God's Design and Why It Matters](#) by Julie Slattery

[A Practical Guide to Culture—Helping the Next Generation Navigate Today's World](#) by John Stonestreet & Brett Kunkle

[Chasing Love—Sex, Love and Relationships in a Confused Culture](#) by Sean Mc Dowell

#### Books Addressing Healthy Tech Use:

[The Tech-Wise Family](#) by Andy Crouch

[Creating a Tech-Healthy Family](#) by Andrea Davis

### Websites:

Websites that provide research and information about pornography, tools for protecting kids from pornography, tech safety, and pornography recovery:

Josh McDowell Ministry – [www.josh.org](http://www.josh.org)

Fight the New Drug – [www.fightthenewdrug.org](http://www.fightthenewdrug.org) \*non-sectarian

Defend Young Minds ---[www.defendyoungminds.com](http://www.defendyoungminds.com)  
Protect Young Eyes – [www.protectyoungeyes.com](http://www.protectyoungeyes.com) \*non-sectarian  
Media Savvy Moms – [www.mediasavvymoms.com](http://www.mediasavvymoms.com)  
Covenant Eyes – [www.covenanteyes.com](http://www.covenanteyes.com)  
Common Sense Media – [www.common sense media.org](http://www.common sense media.org) \*non-sectarian  
Cyber Safety Cop – [www.cybersafteycop.com](http://www.cybersafteycop.com) \*non-sectarian  
Fight For Love Ministries [www.fightforloveminitstries.org](http://www.fightforloveminitstries.org)  
Greta Eskridge – [www.instagram.com](http://www.instagram.com)

**Websites that provide information on child sexual exploitation, sex trafficking and protecting victims around the world:**

Exodus Cry –[www.exoduscry.com](http://www.exoduscry.com)  
International Justice Mission –[www.ijm.org](http://www.ijm.org)  
Child Rescue Coalition – [www.childrescuecoalition.org](http://www.childrescuecoalition.org)  
Enough Is Enough –[www.enough.org](http://www.enough.org) \*non-sectarian

**Websites that provide information on talking to your kids about sex and cultivating a healthy sexuality in the home:**

Birds and Bees and Kids – [www.birdsandbeesandkids.com](http://www.birdsandbeesandkids.com)  
Josh McDowell Ministry – [www.josh.org](http://www.josh.org)  
Greta Eskridge – [www.gretaeskridge.com](http://www.gretaeskridge.com)

**Podcasts that provide helpful information about kids, internet safety, and fighting pornography:**

Gospel Tech with Nathan Sutherland  
The Colin Kartchner podcast \*non-sectarian  
Media Savvy Moms podcast

**Some Parental Control Software and Apps:**

[Covenant Eyes](#)  
[Canopy](#)  
[Net Nanny](#)  
[Kaspersky Safe Kids](#)  
[Bark](#)

Safe phones not smart phones: [Gab Phone](#)

If you'd like more information on any of these resources, or to have Greta Eskridge speak at your church or event, please send inquiries to:

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